**M.A.YOGASHASTRA SECOND YEAR, SEMESTER - IV**

**DISSERTATION LIST**

**2017-2018**

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| **Sr. No.** | **Topic** | **Medium** |
| 1 | LIBERATION-JAINA AND YOGA PHILOSOPHY A COMPARATIVE STUDY | ENGLISH |
| 2 | SENIOR CITIZENS : EFECTS OF YOGIC PRACTICES ON PARKINSONS DISEASE | ENGLISH |
| 3 | COMPARATIVE STUDY OF PATANJALI’S CHATURVYUHA AND BUDDHA’S FOUR NOBLE TRUTHS | ENGLISH |
| 4 | “MARTIAL ARTS TO MINDFUL ART” | ENGLISH |
| 5 | WORLD HEALTH ORGANISATION AND ASHTANG YOGA | ENGLISH |
| 6 | “ आधुनिक कालखंडात नारद भक्तिसूत्राची उपयुक्तता” | MARATHI |
| 7 | योग अभ्यासकों के एक समूह पर संगीत के साथ योग करने का अध्ययन | HINDI |
| 8 | OBSTACLES IN THE PATH OF YOGA ACCORDING TO THE PATANJALI YOGA SUTRAS AND MEANS TO OVERCOME THEM | ENGLISH |
| 9 | आधुनिक दैनंदिन जीवनातील यौगिक क्रियांचे महत्त्व | MARATHI |
| 10 | INTEGRATED APPROACH OF YOGA THERAPY IN ADHD | ENGLISH |
| 11 | योगातील निवडक शुध्दीक्रियांनी मुलांची स्मरणशक्ती व एकाग्रता वाढते | MARATHI |
| 12 | THE REAL NATURE OF MAN AND YOGA | ENGLISH |
| 13 | YOGA FOR PRE AND POST SURGERY | ENGLISH |
| 14 | CAN SPIRIRUAL INTERVENTION HELP CREATE ‘MIRACLES’? | ENGLISH |
| 15 | मंत्रसाधनेने CHITTAVRTII चित्तवृत्ती निरोध | MARATHI |
| 16 | गर्भधारणा आणि योग | MARATHI |
| 17 | “संतुलित आहार-समृध्द आयुष्याची गुरूकिल्ली” | MARATHI |
| 18 | पातंजल योगशास्त्र व मनाचे श्लोक यांचा तुलनात्मक अभ्यास (अभ्यास-वैराग्य, ईश्वर, अंतराय, यम-नियम, कर्मसिध्दांत) | MARATHI |
| 19 | कर्म – संकल्पना भगवद् गीता व पातंजल योगसूत्रे तौलनिक अभ्यास | MARATHI |
| 20 | YOGA FOR IMPROVING PROFESSIONAL CONFIDENCE IN DOCTORS | ENGLISH |
| 21 | IMPROVEMENT IN GRASPING POWER OF STUDENTS THROUGH YOGA PRACTICE | ENGLISH |
| 22 | “ जेष्ठ नागरीकांच्या सांधेदुखीसाठी योग” | MARATHI |
| 23 | PATHOGENESIS OF PSDs (ADHIJA VYADHI) | ENGLISH |
| 24 | IMPACT OF YOGA AND MINDFUL BREATHING ON PHYSICAL AND PSYCHOLOGICAL HEALTH AMONG TEENAGERS BETWEEN 12 TO 16 | ENGLISH |
| 25 | “पोलिस कर्मचार्यांसाठी योगीक समुपदेशनाचे महत्त्व आणि लाभ” | MARATHI |
| 26 | शवासन एक वरदान | MARATHI |
| 27 | “मुलांचा लठ्ठपणा कमी करण्यासाठी योग” | MARATHI |
| 28 | “CONGRUENCE OF THE NADIS AND THE MERIDIANS –THE INDO CHINESE LINKAGE” | ENGLISH |
| 29 | वयोवृद्ध लोकांच्या श्वसनसंस्थेवर योगाचे होणारे परिणाम | MARATHI |
| 30 | HORMONE IMBALANCE IN WOMEN | ENGLISH |
| 31 | YOGA FOR MIND TO NO-MIND | ENGLISH |
| 32 | “गर्भावस्था में योग के परिणाम” | HINDI |
| 33 | गीतारहस्यमधील कर्मयोगाची आधुनिक काळातील शिक्षणव्यवस्थेत आवश्यकता | MARATHI |
| 34 | POSITIVE EFFECTS OF YOGA ON PERSONALITY DEVELOPMENT OF YOGA ASPIRANTS | ENGLISH |
| 35 | IMPACT OF YOGIC PRACTICES ON PROFESSIONALS WITH SEDENTARY LIFESTYLE IN INFORMATION TECHNOLOGY SECTOR | ENGLISH |
| 36 | योग, ध्यान और ॐ साधना द्धारा क्रोध पार नियंत्रण | HINDI |
| 37 | भगवद् गीता और सांख्ययोग में त्रिगुणों की संकल्पना तुलनात्मक अध्ययन | HINDI |
| 38 | COMPARATIVE STUDY OF SAMKHYA AND YOGA | ENGLISH |
| 39 | मतीमंद –गतीमंद मुलांमधील मनोकायिक समन्वय | MARATHI |
| 40 | SAMADHI ACCORDING TO BUDDHISM AND PATANJAL YOGA SUTRA | ENGLISH |
| 41 | YOGA IN TAMIL SHAIVISM | ENGLISH |
| 42 | KRIYA YOGA TECHNIQUES BY PATANJALI SUTRAS AND BY PARAMHANSA YOGANANDA | ENGLISH |
| 43 | WORK LIFE BALANCE BY YOGA PRACTICES IN LOCAL TRAIN AWARENESS IS THE KEY | ENGLISH |
| 44 | सूफीवाद : इस्लाम का आध्यात्मिक रहस्य | HINDI |
| 45 | THERAPEUTIC EFFECTS OF HASTA MUDRAS | ENGLISH |
| 46 | कर्णबधिर मुले आणि योग | MARATHI |
| 47 | ‘SLEEPING HABITS AND CLASSROOM CONCERNTRATION’ OF SECONDARY SCHOOL STUDENTS | ENGLISH |
| 48 | HEARTFULNESS MEDITATION: THE CONTEMPORARY PATH TOWARDS SUCCESS IN RAJA YOGA | ENGLISH |
| 49 | मानसिक रोग-कारण तथा उनके निदान में योग एवं अन्य वैकल्पिक चिकित्सा की भूमिका | HINDI |
| 50 | ‘हठप्रदिपिका’ व ‘ज्ञानेश्वरी’ या ग्रंथाच्या आधारे कुंडलिनी जागरणाचा तुलनात्मक अभ्यास | MARATHI |
| 51 | REALITY AND MYTHS SURROUNDING OMKAR SADHANA | ENGLISH |
| 52 | PRANAYAMA PRACTICES FOR ENHANCING THE PERFORMANCE OF MARATHON RUNNERS. | ENGLISH |
| 53 | PARINAMA IN YOGA AND ITS APPLICATION IN RESTORING FROM TRAUMATIC STRESS | ENGLISH |
| 54 | YOGA FOR CRICKETERS | ENGLISH |
| 55 | ATTRIBUTES OF AN IDEAL YOGA TEACHER | ENGLISH |
| 56 | POSITIVE EFFECTS OF ASHTANGA YOGA | ENGLISH |
| 57 | “योगउपनिषदों और हठप्रदीपिका के प्राणायामों का तुलनात्मक अध्ययन” | HINDI |
| 58 | महिलांमधील स्थूलता निवारणासाठी योगसाधना | MARATHI |
| 59 | ‘जीवनातील यौगिक क्रियांचे महत्त्व’ | MARATHI |

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